



Carl Vinson / CVW-9 Sailor of the Day

MM3 Stephen Standart



Visit this Sailor at www.cvn70.navy.mil

When things go bad for today's Sailor of the Day, it goes bad for the whole crew. MM3 Stephen Standart, assigned to Engineering A-Division, performs preventive and corrective maintenance on more than 700 pieces of equipment in seven galleys, gold eagle laundry and self-serve laundry.

When not working on equipment he can also be found standing watch on the ship's ten air conditioning and five refrigeration plants.

His schedule does not leave a lot of free time, but Standart makes the most of his down time.

"I really enjoy being able to talk to my wife," said Standart, who has been married for ten years. "Sometimes I just do things on the computers."

When not underway, Standart enjoys taking part in a variety of outdoor activities.

"I like to fish and go hunting when I am at home," said Standart, who also expressed his interest in the demolition derby.

Knowing this underway time will keep him from those activities, he has set some personal goals.

"I have been studying for the rating exam," commented Standart who hopes to be promoted to second class petty officer off the March exam. "I have also been working on my ESWS and plan to finish it during the deployment."

Standart believes that individual effort is very important but also credits his work center for the group effort they display.

"One of the best parts of my job is working with people who pull together and work as a team."



MM3 Stephen Standart, assigned to Engineering, A-Division, was selected as today's Sailor of the Day. He conducts preventive maintenance actions on more than 700 pieces of equipment in the ship's seven galleys and laundry rooms.



Working in the laundry room can cause exposure to high temperatures. Despite the desire to find a cooler environment, Standart takes the time to ensure the equipment is working properly.



Standart checks the ice cream machine in Wardroom 3. Checking the belts and internal integrity help keep maintenance hours to a minimum.

HONOR



COURAGE



COMMITMENT